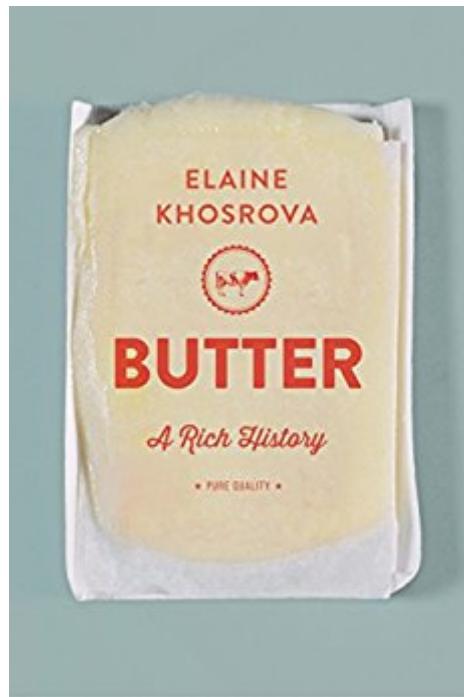


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Butter: A Rich History



Synopsis

The delicious kitchen staple we so often take for granted is not merely a stick tucked into our refrigerator door. It's a culinary catalyst, an agent of change, a gastronomic rock star. From its accidental invention in a long-ago herder's pouch to its ubiquitous presence in the world's most fabulous cuisines, butter is boss. Now, it finally gets its due. Award-winning food writer and chef Elaine Khosrova serves up a story as rich, textured, and culturally relevant as butter itself. From the ancient butter bogs of Ireland to the sacred butter sculptures of Tibet, Butter is about so much more than food. Khosrova details its surprisingly vital role in history, politics, economics, nutrition, even spirituality and art. From its humble agrarian origins to its present-day artisanal glory, butter has a fascinating story to tell, and Khosrova is the perfect person to tell it. She even includes the essential collection of carefully developed core butter recipes, from beurre manié and croissants to pâté brisé and the perfect buttercream frosting, and provides practical how-tos for making various types of butter at home--no churning necessary.Â

Book Information

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